



£120 pp

- Includes 2 evening networking events
- “Speed mentoring” to choose partner
- Maximum 30 participants
- 3rd Sector & Student discounts

5.00 pm - 7.30 pm
17th October 2017
and June 2018

Top Floor
Digital Greenhouse

Michelle Johansen MA ,PCC
Leadership Coach, Group Facilitator and
Founder of WDF

To register email:
michelle@johansen.gg

Co-Mentoring Scheme

Be part of the prototype for a bold new initiative to support women to fulfil more of their potential

Co-Mentoring operates on the principle that we can all learn from each other, whatever age, gender or job we do.

Co-Mentoring explores what might be possible when we listen, learn, reflect, question and supportively inspire each other to release more of our potential.

- Executive Coach Michelle Johansen will establish the principles of co-mentoring in the first hour of session 1.
- During the second hour all attendees will engage in a speed mentoring exercise to meet potential mentoring partners, at the conclusion of which they will be asked to anonymously submit their matches, noting also those with whom they do not wish to be matched.
- Matches will be made after the event and participants informed by email. WDF will manage the process to ensure everyone who participates has a co-mentoring partner.
- Once matched, participants will agree to meet at least 3 times during the following 6 month period spending equal time mentoring each other.
- The second session will be an opportunity to reflect on the experience, network and share the learning from the experience.

Co-Mentoring in Action



Michelle and I have been practicing co-mentoring for over two and half years. It has been an invaluable experience on many levels. First, having access to the expertise and wisdom of someone way ahead in their career. Second, having the opportunity to develop a much deeper friendship and the luck of having someone as your sponsor and promoter. Thirdly, to be able to mentor back, which is essential in increasing confidence in your own knowledge and value to this world no matter the age difference.

Co-mentoring is a humbling, inspiring, thought-provoking, business and spiritual exchange that can open up a multitude opportunities and I would highly recommend that everyone, no matter there status, experience and age should have a co-mentor as part of their life-long personal and professional development path.

Sasha Kazantseva-Miller, entrepreneur, NED, Chief Mummy Officer and blogger

Co-mentoring with Sasha has been an amazing experience, the first time we met was a real wake up call, seeing my world through her millennial, tech-enabled eyes made me reconsider and rework a number of things I was doing.

Over the years co-mentoring has turned into friendship, but a friendship of the kind that when I ask a question, I will get a very straight answer indeed, which is invaluable.

I'm delighted to have been able to share my knowledge and experience with Sasha as she has deepened her development as a business woman and brought another life into the world.

Michelle Johansen, Leadership Coach, Group Facilitator and Founder of WDF

