

Women's Leadership Forum

Building Capacity for Leadership

Maximum 7 participants

£450 WDF Members

plus £150 Optional Coaching Session

£495 Non-Members

plus £200 Optional Coaching Session

Cato Johansen MBA, MCC
Leadership Consultant &
Executive Coach at INSEAD since
2008

Michelle Johansen MA ,PCC
Leadership Coach, Group
Facilitator and Founder of WDF

Cato and Michelle are previous
providers of the Effective
Leadership Module on the GTA
Southampton University MBA
programme

*The Women's Development
Forum "WDF" is a Not-For-Profit
organisation dedicated to
supporting women in the Channel
Islands to greater career success
and fulfilment while building
strong network connections, our
ultimate aim is to help unlock
more of the potential in the
female workforce in the islands.*
www.wdforum.org

Registration is open to
all, and is most suited to
those in leadership
positions, past WLF
attendees and coaching
clients

To register email:
michelle@johansen.gg



Leadership Intensive

An experiential workshop to release
potential through exploring personal and
interpersonal dynamics

2.00 pm - 7.00 pm Friday 3rd November 2017
9.00 am - 5.00 pm Saturday 4th November 2017

The Women's Leadership Forum is uniquely placed to offer this programme with Cato Johansen MBA MCC, Executive Coach on sought after Leadership Development programmes at INSEAD, rated by the FT as the best business school in the world.

- Cato and Michelle will co-facilitate this Leadership Intensive.
- Participants will take a deep-dive through practical exercises drawing on Cato's experience at INSEAD
- The exercises are designed to help participants reflect on how they experience themselves and the interpersonal dynamics within the group.
- Learning will be created through group conversations exploring how unconscious drivers and assumptions influence behaviour.
- Utilising the knowledge gained each participant will build their own Immunity to Change Map based on Robert Keegan's work at Harvard.
- Participants will be offered the opportunity to deepen their learning over the course of the following year by joining a Leadership Pod.

Leadership Intensive Testimonials from November 2016

“Michelle and Cato teamed up to deliver a world-class workshop in Guernsey. It was a fabulous opportunity to get exposed to some of the most robust and latest leadership methodologies used by leaders globally without having to leave Guernsey. Michelle and Cato were excellent hosts and helped each participant reach transformational learning points. I certainly took a lot away and would take any future opportunity to do further leadership courses.” **Sasha Kazantseva-Miller – Business Owner**

“Michelle and Cato both have a great ability to work with you to understand yourself. They provide an excellent environment for open and honest discussion which allows you to get the most out of the course. I really have taken so much from this course that I am now working on both professionally and personally.” **Rachael Baker – Tax Technician**

“Worth every penny and investment of time. This course, and Michelle and Cato personally, have changed my whole approach to work and leadership!” **Director**

“This was a great leadership experience exploring what lies beneath our personalities and helping reveal why we lead the way we do. It allows you to assess your readiness and learn key lessons for leading in a safe environment. I’m looking forward to exploring the next level of what makes me tick as a leader. A great way to get in touch with yourself and build self-awareness.” **Susie Brown – Head of Employee Benefits, Gower Group**

“Thank you for running such an incredible course, I came away feeling both inspired and confused in equal measure; end result, I am left wanting more!” **Manager**

“Thank you for the weekend, it was interesting, challenging and a fun time for connection and growth.” **Manager**

“Cato gave us an intriguing insight into his work with INSEAD and a fantastic opportunity to participate in a dynamic leadership intensive exercise. From this we explored our immunity to change and why it is so difficult to do so. Michelle and Cato facilitated the session in their amazing home and I personally gained huge insight into me as an individual and as a leader. I thoroughly recommend this course to anyone wishing to look at themselves and develop personal awareness.” **Karen Martin – Head of HR Guernsey Electricity**